

### **Dealing with HIV–Associated Motor and Gait Problems**

Because many patients with HIV–Associated Cognitive/Motor Complex present with motor and gait disturbances, living arrangements should avoid structures with many steps because the patient may fall or find climbing steps difficult. The cognitive and motor slowing that these patients experience often make it difficult for them to function in situations that require quick decisions and action. For example, working in a busy office setting where the individual must act quickly may frustrate the mildly impaired patient who is in the early stages of the dementia process and may promote a sense of failure and lack of coping.